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Speech writing: How to prepare before exams

Good morning principal, teachers and fellow schoolmates,

I'm Michael from Class 3A. Today, I would like to share with you how we can prepare for exams.

Before exams, we should sleep early every day because we will feel energetic the next day. If you sleep late, you will feel sleepy in exams. So, sleep is important.

We should also listen to our teachers seriously in class. We should not talk with our classmates because it will influence the people around us and we can't learn anything.

We should also visit the library to read some English books or anything about our exams. Reading can help us retain what we learnt.

Sometimes, we should relax ourselves. We can play basketball or games. These will help us relax. All work and no play is not good to us.

At last, during exams, do not be too proud if you get good grades and do not feel too sad if your grades are not too good.

That's all for my sharing. Thank you.